



Scottish Paintball Centre

Declaration

"The Scottish Paintball Centre treats the Health and Safety of all participants as a priority. As with any sport/leisure activity there are hazards associated with paintball. It is important for the safety of everyone taking part that each participant is acquainted with those hazards and individually takes all relevant action to minimise those hazards as much as possible."

I understand that:

- Paintballing is physically and mentally intense and may require extreme exertion to play.
- The possibility of injury to myself and others exists.
- The playing area has varying terrain and may be slippery and have many trip hazards
- There is the possibility of fallen tree debris.
- Goggles must be worn at all times unless instructed by a marshal (unless in the Safe Area)
- Paintballs can cause bruising and/or cut the skin
- Pyrotechnics omitting loud noises and/or bright light are used during games.
- No markers/guns are allowed in the safe area
- No physical contact is allowed between participants
- Cars are parked in the car park at owners own risk.
- The site will not accept responsibility for valuables lost or damaged on the paintball site.

I confirm and agree that:

- I am physically fit and mentally able to take the strain and exertion involved in playing paintball.
- I have no medical condition that would prevent me from playing. (Please make the game manager aware if you use an inhaler or any other medical aid)
- I am fully aware of the risk to myself and others involved in paintballing and that I will never under any circumstances deliberately shoot anyone in the face, head or neck.
- I will wear goggles and not remove them whilst in the playing area. (This includes all areas except the safe area)
- I will comply with the rules and use all equipment as instructed and not so as to injure or hurt others.
- I will obey all instructions from the game manager/site marshals.
- I will not shoot another player within 25 feet/8mts
- I will only use pyrotechnics as instructed by the game manager and in accordance with the manufacturers printed instructions on the pyrotechnic. I will endeavour not to throw a pyrotechnic device within 15 metres of another player.
- I will pay any charges incurred before leaving the site.
- I also agree to pay any administration charges, which might occur as a result of cheques being returned, or credit card payments being declined.
- I will only use paintballs supplied by the Scottish Paintball Centre

I have read and fully understood this agreement. I am aware that by signing this agreement I acknowledge and accept the inherent risk of injury that paintball entails and I waive any claim that may results from my participation in paintball games.

I have listened to and understood the safety briefing

Please print clearly and in CAPITALS

Name:

Date of Birth / /

Address:

Telephone Number

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E-mail address:

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Post code:

Signed:

Date: / /

Players under 16 must have this form countersigned by a parent, guardian or organiser - only after you have understood the safety talk and all the site rules.

Scottish Paintball Centre may place information about you on our database. Please tick this box if you do not wish to be placed on our database.

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